

# TRIUMVIRATE WORKSHEET

◇ BE PROACTIVE. The Lord helps those that help themselves is an old but true adage. Continue with your ongoing Anticipating AWEN. Twice or thrice daily repeat Anchoring AWEN, and also do what you can to promote your cause. Set your mind right with Arousing AWEN and address the universe with Oyar's Prayer. At the end of Arousing AWEN/Oyar's Prayer study this worksheet, update it, and meditate on what actions you should be taking.



✧ INTEND to fulfill:

◇ WORK to be done:



✧ INTEND to fulfill:

◇ WORK to be done:



✧ INTEND to fulfill:

◇ WORK to be done:



Attracting and Prayer is a work list, not a wish list.