

Applying Awen

The Triumvirate – A Plan of Action

So far in Actioning AWEN we have contemplated only a single Intend at a time. Concentrating on a single Intend is more powerful but human nature being what it is people will always want more. Is there a natural limit on how many things you can ask for at once? Yes, and the limiting factor is your mind. With an Intend you are creating attraction, *in accordance with the Law of Attraction*, with your mind and your mind is not unlimited. It is estimated that a normal person can actively juggle about seven or so things at once before something has to be shuffled into a background mode to be dealt with later. Some of these juggling channels have to be left free to deal with ongoing daily life. Experience has shown that up to three active activities can be appropriated for conscious personal use, such as for Intends, and leave daily living unaffected. This is the basis of the Triumvirate, the having of three Intends that are actively worked on at any one time.

TRIVIRATE

Make three wishes, write them down and turn them into Intends by giving them the emotional oomph of intentionality that you **will** manifest them. Three Intends and only three Intends as this is the optimum amount for the mind to handle. The Intends can be changed at any time but only three must be what are actively contemplated and pursued at any one time.

THESE THREE INTENDS ARE YOUR PERSONAL TRIVIRATE.

Writing your Intends down helps focus the mind so it is important to do this writing. Once the mind is aligned and concentrated it can attract your desires. The analogy is to a magnet. A magnet is magnetic and attracts because all the atoms of a magnet are aligned electrically so that the sum is working synergistically in unison and is able to create attraction. A non-magnetic material has its atoms aligned randomly every which way and so attracts nothing. Aligning your mind by asking it to handle only three wishes (instead of many so that its energy is scattered) allows your mind to attract the results you want.

Some General Guidelines

Put your written three Intends up where they can be seen in full and regular view so that you can look at them often and be reminded of them. It is a gentle reminder to do an Anchoring AWEN when the opportunity presents itself. Writing your Intends on a small index card that you can carry with you and look at regularly is a great idea. It is an excellent idea to pick some sort of symbol for each Intend. A single letter or a small drawing as simple or fancy as you can make it are both fine to use as symbols, as long as they remind you of your wishes. **(See Rune symbols below.)** This way you can post the three small symbols everywhere, even the office at work, and not have curiosity seekers question you on your Intends. If someone asks, just say they are like a string tied around your finger as reminders of a shopping list (which is true, a shopping list of Intends.) I draw my symbol list over the glued part of a post-it note. Then the cut off glued part gets stuck to the top of my computer monitor above the screen. When you look at the written list or the symbols say thank you to the universe for being hard at work in producing your wishes for you. **It's the "It's On Its Way" thinking.**

The idea is to keep thinking about your Intends and not let them get completely lost in the huge pile of thoughts that make up your everyday thinking. Another “string around the finger” reminder of your Triumvirate of Intends is to have Philosopher Stone always with you. As a Pendulum it can obviously be worn as a necklace but can also be used in creative ways like using it as a bookmark (maybe at the end of a very fine ribbon instead of a chain). You can create a desk decoration group with a small three-minute hourglass and your Philosopher Stone Pendulum: maybe on a pedestal or under a small jewelry bell jar. The idea is that it will be seen often during the day as a reminder to do an Anchoring AWEN. The added bonus is that the Pendulum is also available for Auditing Awen. (The Awen Rose is nice but once you are experienced in using the pendulum it is not essential. Even the strength numbers will be intuitively available to you.)

The three Intends you choose do not have to be independent of each other. If something is really important to you than you can pick three related aspects that all center on your major Dream. If you are the cautious type then you could make your third Intend something that is a backup situation that will let you continue working towards your full Dream while waiting for it to manifest. The three Intends can then be classified as first your Druther (a term from the Little Abner comic strip) and then your Penultimate Intend as a default against not fully realizing your Druther followed by the Backup as a measure of last resort. Of course if all the Intends manifest you are well ahead of the game. Similarly the three Intends can be three independent items that together round out your Dream in full-fledged glory.

The building of attraction for your Intends is cumulative so that the more important your Intend is to you, the more often you should do something to augment that attraction (whether it be continuing with actively Anticipating AWEN or more proactively Actioning AWEN, Anchoring AWEN or Arousing AWEN.) Since we recommend ritual here as a mind stimulant a possibly is to biweekly take the time to do a complete Actioning AWEN session. Mondays and Fridays are great choices, one to set up the workweek and the other to prepare for the weekend. This schedule is of course if you are not already perusing a more intense schedule, as in performing a Sojourn.

At least once a week review the Triumvirate list to ask what opportunities might have come along that you missed, especially from unexpected sources. The universe is working for you but you cannot expect results if you don't follow through on what is provided. You must follow through on all possibilities even if you don't have faith that the outcomes will be either productive or manageable. Especially don't dither just because you cannot see where an eventual positive conclusion will come from, trust fate to provide the answers when needed. There might be dead ends that you will meet but it is surprising how often the extra effort opens up the right doors. Do review events because even if it is too late to now follow up on a missed opportunity, the reviewing exercise will help sharpen your mind to recognizing other opportunities as they come up. If results aren't coming after a while don't just look to what opportunities you are missing but also look inside to see if there might be some reason why you are resisting achievement. Just keep working at it, and saying Thank You.

TRIUMVIRATE WORKSHEET

◇ BE PROACTIVE. The Lord helps those that help themselves is an old but true adage. Continue with your ongoing Anticipating AWEN. Twice or thrice daily repeat Anchoring AWEN, and also do what you can to promote your cause. Set your mind right with Arousing AWEN and address the universe with Oyar's Prayer. At the end of Arousing AWEN/Oyar's Prayer study this worksheet, update it, and meditate on what actions you should be taking.



✧ INTEND to fulfill:

◇ WORK to be done:



✧ INTEND to fulfill:

◇ WORK to be done:



✧ INTEND to fulfill:

◇ WORK to be done:



Attracting and Prayer is a work list, not a wish list.

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Accessing Awen

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