

Star Number Rating System

In the Awen Rose we saw a numbering system to help evaluate strength. Here is the complete Star Numbering System that can be used where the relative strengths of items need to be compared. The numbering system can be used when evaluating a single item such as how good a meal or movie was; this is a scale of good (even numbers as to some degree of good) to bad (an odd number evaluation.) It can also be used to evaluate where something falls between two end nodes of a continuum. This would be for a personality trait such as whether a person is an extrovert (even numbers) or an introvert (odd numbers), the evaluation being which trait represents the person and how strongly does he exhibits this trait. (A “yes” answer being Average or midpoint Neutral when using the Awen Rose.)

| | | <i>Single Trait or Element (Good to Bad evaluation)</i> | <i>Bipolar Elements (Towards which end)</i> |
|--------------------|---------------------|--|--|
| STAR SYSTEM | NUMBER VALUE | DEFINITION | DEFINITION |
| ***** | 8 | Exceptional | Excessive |
| **** or ****+ | 6 | Well above | Strongly |
| **** | 4 | Definitely above | Average |
| *** or ***+ | 2 | Average, but tends towards | Tends towards |
| *** | 0 | Average | Neutral |
| *** or ***- | 1 | Average, but tends towards | Tends towards |
| ** | 3 | Definitely below | Average |
| ** or **- | 5 | Well below | Strongly |
| * | 7 | Execrable | Excessive |
| | 9 | Unclassified | Unclassified |

“Excessive” could be where the element is clearly harmful, good or bad. Too much of anything can be a bad thing. Too pushy an extrovert is as bad as too reclusive an introvert.

A summary of the number coding is below. This variation applies to the personality traits that are listed on the Awen Rose

NUMBER CODING

| | | | <i>Single Trait or Element</i> | <i>Bipolar Elements</i> |
|---|---|---|-------------------------------------|-------------------------|
| + | 0 | - | Average | Neutral |
| 2 | | 1 | Tends Towards | Tends Towards |
| 4 | | 3 | Definitely above/below average | Average |
| 6 | | 5 | Well above/below average | Strongly |
| 8 | | 7 | Exceedingly (Exceptional/Execrable) | Excessive |
| | 9 | | Unclassified | Unclassified |

A summary of the star (with associated numbering) coding when it is applied to evaluating a single item, such as how successful was a project that was completed.

STAR CODING (Single Trait or Element only)

| | | |
|-------|---------|-------------|
| ***** | 8 | Exceptional |
| **** | 4, 6 | Above |
| *** | 2, 0, 1 | Average |
| ** | 3, 5 | Below |
| * | 7 | Execrable |

While not of general appropriateness the numbering system is versatile enough that its parameters can be found as indicators in diverse applications. The readings from the Awen Rose can thus be used in other analyses.

MISCELLANEOUS ANALOGIES *(Single Trait or Element)*

These values represent some possible applications of the rating system.

More often the ratings can represent values under a normal curve.

| | |
|---------------|--|
| 2+0+1 | Common tendency, Central Third |
| 4+6+8 & 3+5+7 | Beyond normal |
| 8+6 | Pareto Principle; 80:20 Rule (2/9 or 22.2%) |
| 2~1 | Acceptable physical variance $\pm 10\%$ (1/9 or 11.1%) |

Asking Awen

Awen Clarifying

Mirror Exercise

(ACME)

This is a Congruency Rite to find out what your thoughts and beliefs are below the conscious level. It is the advanced exercise that goes one step higher than pendulum work as it actively supplies answers beyond the Yes/No form. Knowledge is power and knowing that you are not fully congruent is the first step to putting you on the road to success and to being fully in charge of yourself. **Normally just finding out what your hidden thoughts and expectations are is enough to let you deal with them.** Sometimes things aren't that easy to deal with. Stubborn problems are beyond the

premise here and will require you to do more, such as possibly even consulting a councilor. Hopefully what is revealed by this meditation is self-healing in itself or easy to deal with. But even if not self-healing the meditation nonetheless is still useful in making you aware, the first step in further progress. Remember that you are dealing with yourself, just at a different level, and anything that is revealed to you is something that you already knew, at least at a subconscious level. The difficulty will come in trying to change. *(The first letters of Awen Clarifying Mirror Exercise spell ACME, the pinnacle of your self-discovery work.)*

ACME is also a litmus test to see if you are wholly congruent with the obtaining of your Intend (wish/desire that you want manifested)

excerpted from
Accessing Awen

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