

# In Section I

## Coming up next

If the subconscious has so much power wouldn't it be useful to be able to communicate with it? Unfortunately the subconscious does not have a language function, that is reserved for the conscious mind. One way that the subconscious communicates with the conscious is to send it ideas, images and feelings. Since we are talking about the same integrated mind these messages are not always interpreted as messages but as just the normal working of the conscious mind. When messages have been strong and properly recognized as not of the conscious mind, fervent religious adherents have unfortunately in the past sometimes called them the workings of the devil. The dire consequences to such interpretations are well recorded. On the positive side, under the right circumstances such messages have also been well received by other fervent religious adherents, as in visions of the Virgin or even the incomprehensible talking in tongues. Religious fervent adherents aside, fortunately most useful messages are attributed to terms like "flash insight" and many modern scientific ideas are recorded as coming this way to the scientist. (This is not to in any way denigrate the scientist, it was his exceptional mind that came up with the idea, just that his subconscious properly formulated it and not the conscious mind. Einstein was a great exponent of using the subconscious positively.) This type of communication is haphazard and spontaneous and not the controlled communication that will be considered here.

A controlled way to "receive messages" from the subconscious is to approach it directly as presented in Asking Awen. You can also avail yourself of Ascribing Awen where we will use what has sometimes been termed automatic writing, a free association method,

Contact can also be done indirectly. We have already alluded to the subconscious having independent control of motor functions, such as in the fingertip to the nose sobriety test. This muscle control will be utilized here principally in Auditing Awen. In Auditing Awen we will consider use of the pendulum, a use with a long history. Skill with a pendulum will facilitate Anatomizing Awen, a conscious appraisal of the guiding principles of your personality. Remember that your personality is the unconscious guiding light to your daily actions, and hence a profound analysis of who you are at a very deep level.

This section is given to let you access your inner mind to assess the psychological rightness of your conscious wishes for yourself. It is to find out if your conscious desire "is really me" because if it is not your efforts will have to overcome roadblocks. If you harbor a conflicting Legacy then you can only create a confused Wimage, as you project into any Wimage all of yourself. Awen creates from what it finds and not what you would like it to find. The emphasis on rituals here is because a ritual does actually emphasize its components and so many countering Legacies can be overwritten. In other words ritual will much of the time make you congruent enough with you Intend that your Intend will manifest. This is because your strongest Legacy will dominate and ritual will make whatever you are asking for your strongest Legacy, at least temporarily. However there are limits on how much a ritual can overwrite. If your Intend stubbornly refuses to manifest (when using ritual) then you have a deep countering and conflicting Legacy that must be resolved first.